



University Hospitals Bristol NHS Foundation True

Bristol Biomedical Research Centre

BRIST-IVF

Winter 2022

The Bristol IVF Study Newsletter

Recruitment reaches 650



Over six hundred and fifty people have now signed up to participate in BRIST-IVF (The Bristol IVF Study), to help improve future outcomes for IVF treatment. We would like to say a big thank you to everyone who is already taking part!

BRIST-IVF welcomes everyone undergoing **IVF/ICSI** treatment at the BCRM.

We aim to recruit 1500 couples or single women over the lifetime of the study, so are trying to reach as many patients as possible to invite you to join.

Taking part involves answering a short questionnaire, having height, weight and blood pressure measured and providing blood and urine samples.

What happens to the samples that study participants provide?

We have started to look at the levels of metabolites in blood samples. Metabolites are small molecules which arise from natural processes within our cells and include fats, sugars and proteins. Levels of metabolites vary between individuals and by studying these, we hope to better understand pathways leading to infertility and IVF success.



BRIST-IVF in the news!



We were delighted that one of our research midwives Ashleigh recently featured in a news story about the study. Read more here

Our Research Midwives



Vickv

I joined the BRIST-IVF team with a passion for improving care. I am proud to be working with likeminded people who are dedicated to improving the experiences of people accessing IVF treatment. I am currently studying for a research. I love to make a Master's degree in **Reproduction and** Development at the University of Bristol, with a focus on reproductive disease and infertility management.



Michelle

I have recently joined the **BRIST-IVF** team after 18 vears as a clinical Midwife. I am really enjoying working alongside a great team of people, learning daily about the challenges and processes involved with both IVF and positive difference to people, so knowing I am assisting in a study which has the potential to improve outcomes for many couples and individuals in the future is exciting and rewarding.

Email or phone us to express your interest in the study, or use the QR code, and one of our friendly team will call you back.



Annie, Naomi, Michelle, Vicky, and Ashleigh Contact us: 07929 044 873 Scan QR code or email ivf-study@bristol.ac.uk