

Counselling Support for BCRM Patients

Hello,

At BCRM we appreciate how emotionally challenging having fertility problems and undergoing treatment can be. Pregnancy loss is also recognised as being really tough, especially if that loss comes after successful fertility treatment. Providing emotional and psychological support is an important aspect of the care the clinic provides, and we would encourage you to use the BCRM Fertility Counselling service.

The BCRM Fertility Counsellors

We are Wendy Martin and Francine Blanchet, BCRM's two in-house therapists, and we are here to help you with any emotional, social and relational difficulties that you might encounter whilst trying for a baby.

We are BICA accredited specialist fertility counsellors with many years of experience in the field and we are pleased to offer a confidential counselling service both to patients who have fertility difficulties and for those who are attending BCRM's Recurrent Miscarriage Clinic.



Wendy Martin



Francine Blanchet

How the BCRM Fertility Counselling Service works

- Counselling can be accessed from the outset when you first come to the clinic and support continues for 6 months post treatment
- For NHS patients, BCRM is pleased to offer one complementary counselling appointment for each NHS funded IUI, or IVF/ICSI egg-collection cycle
- For self-funding patients, BCRM offers one complementary counselling appointment while you are having your investigations and tests and a further three complementary sessions for each IUI, or IVF/ICSI egg-collection cycle you may have

**BCRM**Bristol Centre for
Reproductive Medicinewww.fertilitybristol.com

- Patients who are attending the Recurrent Miscarriage Clinic can have one complementary counselling appointment
- If you would like further emotional support, you are able to have as many counselling sessions as you need but these are provided on a self-funding basis
- You can come and see us in person in our dedicated Counselling Room at BCRM or, we can also speak by Zoom or telephone if preferred
- Appointments last one hour
- Counselling appointments can be accessed individually or with your partner (if you have one)
- The BCRM Fertility Counselling Service is confidential and is separate from your medical investigations, tests and treatments
- Please remember you do not need to be in a crisis to access the service

To arrange a Counselling appointment

- Call the clinic on **0117 259 1159** and speak to one of BCRM's Patient Advisors
- Email BCRM via **Admin@BCRM.Clinic**
- Whenever you're at the clinic you can ask a member of the BCRM Team to arrange an appointment for you

Our availability

Wendy

Tuesday	3:00 pm until 6:30 pm (online only)
Wednesday	11:45 am until 7:00 pm (in person and online)
Friday	11:45 am until 7:00 pm (in person and online)

Francine

Thursdays	8:30 pm until 5.00 pm (in person and online)
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We look forward to seeing you or hearing from you.

With kind regards

Wendy and Francine

**Address**

BCRM - Bristol Centre for Reproductive Medicine
135 Aztec West
Almondsbury
Bristol
BS32 4UB

**Telephone**

0117 259 1159

**Email**

Contact@BCRM.clinic