# The Process:



Bristol Centre for Reproductive Medicine

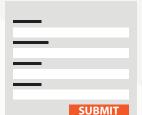
## Ten steps to Egg Donation

If you are considering donating your eggs, you may find this step by step guide to the process helpful. Our dedicated egg donation team are there to support you every step of the way.



## 2 Blood Test

If you meet the initial criteria you will be invited to BCRM for a blood test to test your AMH level. This is a measure of your egg stores. Your AMH level will be checked and if over 10 you will proceed to step 3. If it is not above 10 a member of the egg donation team will contact you to discuss this and unfortunately you will not be able to donate.



### **1** Application

You will be asked to fill in a short online application form.

## **3** Complete a Medical Questionnaire

You will be asked to fill in a medical questionnaire. This is a detailed questionnaire about your health. This will be reviewed by a doctor. If suitable to donate you will proceed to step 4. If not then a member of the egg donation team will contact you



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## 4 More Blood Tests and Smoking Test

You will have an appointment to have a number of blood tests - full blood count, thyroid test, karyotype, cystic fibrosis screen, hepatitis B, hepatitis C, HIV, HTLV, Syphilis, CMV and haemoglobinopathy test. You will also be asked to do a urine sample to test for Chlamydia & Gonorrhoea and to do a smoking test to check that you are a non-smoker.

## **5** Counselling

You will have a counselling appointment. This appointment will be via zoom and is a good chance to ask any questions you have and discuss the implications of donating your eggs.

## 6 Doctor's Appointment

You will have a face to face appointment with an egg donor specialist doctor. They will discuss your medical history and review your blood tests. They will also do a transvaginal scan. This is an internal scan to look at the womb and the ovaries to check everything looks ok.



## 9 Egg Collection

You will come in for your egg collection.

The procedure takes just over half an hour but you will be with us for a few hours. You will be given medication to make you sleepy and comfortable. After a short rest you will be able to travel home, but you must have someone to travel home and stay with you overnight.



## 8 Storting Treotment

Once you start your medication we will keep a close eye on you to keep you safe. We will scan you several times while you are taking your injections.



You will have a face to face appointment with one of our nurses. They will give you the dates for your treatment and will ensure you know how to take your medication. They will also order your medication for you, which will be delivered to you at home.

## 10 Compensation

After egg collection you will receive £500 for your time, expenses and generous gift. We will need you to come back 3 months after you donate your eggs to recheck your infection bloods and at this point you will receive the remaining £250 of your compensation.

£750

