



University Hospitals Bristol NHS Foundation Trust

BRIST-IV

Summer 2022

Bristol Biomedical Research Centre

#### The Bristol IVF Study Newsletter

### **Recruitment reaches 400**



Over four hundred people have now signed up to participate in BRIST-IVF (<u>The Bristol IVF Study</u>), to help researchers at the NIHR Bristol Biomedical Research Centre (BRC) improve future outcomes for IVF treatment. We would like to say a big thank you to everyone who is already taking part!

#### **BRIST-IVF in the news!**



We were delighted that BRIST-IVF was recently featured on BBC Breakfast and BBC Points West. Read more about the story <u>here</u>.

## Come and meet our team at the BCRM

Please come and meet our research team at the BCRM. Ashleigh, Annie, and Naomi are all highly experienced Research Midwives/ Nurses and are very happy to discuss the study with you and answer any questions you might have.

Email or phone us to express your interest in the study, or use the QR code, and one of our friendly team will call you back.

# BRIST-IVF welcomes everyone undergoing IVF/ICSI treatment at the BCRM.

We aim to recruit 1500 couples or single women over the lifetime of the study, so are trying to reach as many patients as possible to invite you to join.

Taking part involves answering a short questionnaire, having height, weight and blood pressure measured and providing blood and urine samples. This information is collected just before participants start an IVF or ICSI treatment cycle or have a frozen embryo transfer.

The information collected will be used to investigate factors associated with the success of IVF treatment. This could lead to improving the quality of information offered to fertility patients and developing interventions – either lifestyle or clinical – that could improve people's chances of success. The longerterm impact of IVF treatment on the health of women, their partners and children will also be examined.





Ashleigh, Annie, Naomi Contact us: 07929 044 873 Scan QR code or email ivf-study@bristol.ac.uk